

KMUJ

KHYBER MEDICAL UNIVERSITY JOURNAL

EDITORIAL BOARD

PATRON

Mohammad Hafizullah

Vice Chancellor

Khyber Medical University (KMU) Peshawar, Pakistan

CHIEF EDITOR

Salim Khattak

Principal

KMU Institute of Medical Sciences (KIMS), Kohat, Pakistan

MANAGING EDITOR

Akhtar Sherin

Department of Medicine

KMU Institute of Medical Sciences (KIMS), Kohat, Pakistan

ASSISTANT EDITORS

Muhammad Haris Ramzan KIMS Kohat, **Muhammad Waqas Luqman** KIMS Kohat

MEMBERS EDITORIAL BOARD

Abdul Wahab Yousafzai, Islamabad

Abdul Waheed, KIMS Kohat

Arshad Rehan, USA

Ashfaq Shuaib, Alberta University, Canada

Muhammad Asif Iqbal, KIMS Kohat

Aziz Marjan Khattak, KIMS, Kohat

Bader Faiyaz Zuberi, DUHS, Karachi

Fazal Ather, UNICEF MENARO Jordan

Jawad Ahmad, KMU Peshawar

Maysaa El Sayed Zaki, Egypt

Muhammad Aslam, Maj Gen (Rtd), Islamabad

Muhammad Salim Wazir, Abbottabad

Niaz Ali, KMU Peshawar

Pei-Yi Chu, Taiwan

Salman Yousuf Guraya, Saudi Arabia

Shajaat Ali Khan, KIMS, Kohat

Sohail Aziz Paracha, KIMS, Kohat

Tariq Saeed Mufti, RMC Peshawar

Zbys Fedorowicz, Bahrain

Zia Ul Haq, KMU, Peshawar

Statistician

Hamid Hussain

Bibliographer

Riassat Begum

زیت ہیبلمی حکمتا
KIMS
KMU INSTITUTE OF MEDICAL SCIENCES

Official Journal of
Khyber Medical University (KMU), Peshawar

Published by

KMU Institute of Medical Sciences (KIMS),

Kohat - Pakistan

زیت ہیبلمی حکمتا
kmu

“KHYBER MEDICAL UNIVERSITY JOURNAL (KMJ)” is the official journal of *Khyber Medical University (KMU) Peshawar Pakistan* and is published from *KMU Institute of Medical Sciences (KIMS), Kohat, Pakistan*. **KMUJ** was initially published from *Kohat University of Science and Technology (KUST)* as *KMJ- KUST MEDICAL JOURNAL (2009-2011)* and since January 2012 has been taken over by *KMU Peshawar*.

KMUJ is a **PEER REVIEWED** journal and follows the *uniform requirements for Manuscripts submitted to Biomedical journals*, updated on www.icmje.org

KMUJ is a member of **Committee on Publication Ethics (COPE)** and follows the **COPE** guidelines regarding publication ethics and malpractices.

KMUJ is the **FIRST** Pakistani medical journal which adopted fully online article submission, tracking and peer review system.

KMUJ is published on controlled circulation basis and distributed among the faculty of all medical colleges and tertiary referral centers, main libraries and medical universities throughout Pakistan and abroad.

All rights are reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, except for internal or personal use, without the prior permission of the publisher. The publisher and the members of the editorial board cannot be held responsible for errors or for any consequences arising from the use of the information contained in this journal.

Published by Khyber Medical University – Institute of Medical Sciences, Kohat, Pakistan

Composed and printed at Khyber Printers, Small Industrial Estate, Kohat Road, Peshawar. Tel: 091-5276617

E-mail: khyberprinters@yahoo.com

Annual subscription: Rs. 2800 in Pakistan and US \$ 120 for overseas.

Web site: www.kmuj.kmu.edu.pk

E mail: kmuj@kmu.edu.pk

Correspondence address:

DR. AKHTAR SHERIN

Managing Editor

Khyber Medical University Journal (KMJ)

KMU Institute of Medical Sciences (KIMS), Kohat

DHQ Teaching Hospital, KDA Kohat-26000, Khyber Pakhtunkhwa, Pakistan

Phone: +92-922-9260325

Fax: +92-922-9260365

Indexed & abstracted in: Index Pakistan, WHO IMEMR Current Contents, Index Copernicus Poland, Islamic-World Science Citation (ISC), Directory of Research Journals

Registered with: International Serials Data System of France

Recognized by: Pakistan Medical & Dental Council ; Higher Education Commission (HEC) Islamabad (category X)

Covered by: Pakmedinet, Directory of Open Access Journals (DOAJ), Google Scholar

Available on: EBSCO, Factiva, Gale and affiliated international databases through Asianet-Pakistan

CONTENTS

EDITORIAL

- Naswar (smokeless tobacco product), oral cancer and tobacco control in Khyber Pakhtunkhwa, Pakistan 113
Zohaib Khan

ORIGINAL ARTICLE

- Demographic correlates of perceived health status after renal transplantation 115
Fatima Kamran, Rafia Rafique, Afifa Anjum, Zainab Raza
- Sociodemographic risk factors of iron deficiency anemia in young adult males of Upper Egypt 123
Sameh Sh. Zaytoun, Ejaz Ahmed Khan
- Factors associated with under utilization of anticoagulation in patients with atrial fibrillation with high risk profile for thromboembolism 128
Abdul Malik, Farooq Ahmad, Ikramullah, Israr Ahmad, Salman Ahmad
- Frequency and pattern of primary pediatric brain tumours: A retrospective study in Neurosurgery Unit, Lady Reading Hospital, Peshawar, Pakistan 131
Mumtaz Ali, Wafaq Ullah, Bakht Jamal, Ikram Alam, Naseer Hussain
- An investigation in to the risk factors associated with cardiovascular disorders among the Pakhtun population of Khyber Pakhtunkhwa, Pakistan 134
Fazia Ghaffar, Asma Waheed
- Significance of student's feedback on improving the teaching practices of the faculty 142
Asiyah Bukhari, Usman Mahboob, Sahir Atiq, Jamil Ahmed

CASE REPORT

- A cascade of unicuspid valves in the internal jugular vein 147
Mohammad Afzal Khan, Faris Mohammed Nour Altaf, Muhammad Mazhar Hijazi

INSTRUCTIONS FOR AUTHORS 149

REVIEWER'S LIST 159

KHYBER MEDICAL UNIVERSITY JOURNAL

Online submission of articles

visit www.kmuj.kmu.edu.pk

CLICK REGISTER

Fill in registration form to register with this journal. Don't forget to click the last box {Register as **AUTHOR**: able to submit items to the journal}

LOG IN with your username and password.

Click on **AUTHOR** on **USER HOME PAGE** under the heading of **KHYBER MEDICAL UNIVERSITY JOURNAL**

Click **NEW SUBMISSION** and follow the **5 steps** of manuscript submission as per online instructions.

1. Start
2. Upload Submission
3. Enter Metadata
4. Upload Supplementary Files
5. Confirmation

www.kmuj.kmu.edu.pk > **REGISTER**> **LOG IN** > **HOME** > **USER** > **AUTHOR** > **SUBMISSIONS** > **NEW SUBMISSION (FOLLOW-5 STEPS)**>**START**>**UPLOAD SUBMISSION**>**ENTER METADATA**> **UPLOAD SUPPLEMENTARY FILES**> **CONFIRMATION**