KMUJ

KHYBER MEDICAL UNIVERSITY JOURNAL

EDITORIAL BOARD

PATRON

Mohammad Hafizullah

Vice Chancellor Khyber Medical University (KMU) Peshawar, Pakistan

CHIEF EDITOR

Salim Khattak

Principal

KMU Institute of Medical Sciences (KIMS), Kohat, Pakistan

MANAGING EDITOR

Akhtar Sherin

Department of Medicine KMU Institute of Medical Sciences (KIMS), Kohat, Pakistan

MEMBERS EDITORIAL BOARD

Abdul Wahab Yousafzai, Islamabad Abdul Waheed, KIMS Kohat Ashfaq Shuaib, Alberta University, Canada Aziz Marjan Khattak, KIMS, Kohat Bader Faiyaz Zuberi, DUHS, Karachi Farmanullah Wazir, KIMS, Kohat Fazal Ather, WHO, Afghanistan Jawad Ahmad, IBMS, KMU Peshawar Maysaa El Sayed Zaki, Egypt Muhammad Aslam, Maj Gen (Rtd), Islamabad Muhammad Salim Wazir. Abbottabad

Mukhtiar Zaman Afridi, KMU Peshawar Nazia Yazdani, FMHCD, Lahore Niaz Ali, IBMS, KMU Peshawar Pei-Yi Chu. Taiwan Salman Yousuf Guraya, Saudi Arabia Shad Mohammad Khan, KMU Peshawar Shajaat Ali Khan, KIMS, Kohat Sohail Aziz Paracha, KIMS, Kohat Taneem UI Haque, Missouri, USA Tariq Saeed Mufti, RMC Peshawar **Zbys Fedorowicz,** Bahrain

Bibliographer

Riassat Begum

Statistician

Yaseen Ahmed Meenai

Official Journal of

Khyber Medical University (KMU), Peshawar Published by

KMU Institute of Medical Sciences (KIMS), Kohat - Pakistan





Khyber Med Univ J Quarterly



2014 Vol. 6, No. 3

"KHYBER MEDICAL UNIVERSITY JOURNAL (KMUJ)" is the official journal of Khyber Medical University (KMU) Peshawar Pakistan and is published from KMU Institute of Medical Sciences (KIMS), Kohat, Pakistan. KMUJ was initially published from Kohat University of Science and Technology (KUST) as KMJ- KUST MEDICAL JOURNAL (2009-2011) and since January 2012 has been taken over by KMU Peshawar.

KMUJ is a PEER REVIEWED journal and follows the uniform requirements for Manuscripts submitted to Biomedical journals, updated on www.icmje.org

KMUJ is a member of Committee on Publication Ethics (COPE) and follows the COPE guidelines regarding publication ethics and malpractices.

KMUJ is the FIRST Pakistani medical journal which adopted fully online article submission, tracking and peer review system.

KMUJ is published on controlled circulation basis and distributed among the faculty of all medical colleges and tertiary referral centers, main libraries and medical universities throughout Pakistan and abroad.

All rights are reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, except for internal or personal use, without the prior permission of the publisher. The publisher and the members of the editorial board cannot be held responsible for errors or for any consequences arising from the use of the information contained in this journal.

Published by Khyber Medical University - Institute of Medical Sciences, Kohat, Pakistan

Composed and printed at Khyber Printers, Small Industrial Estate, Kohat Road, Peshawar. Tel: 091-5702407-8 E-mail: khyberprinters@yahoo.com

Annual subscription: Rs. 2800 in Pakistan and US \$ 120 for overseas.

Web site: www.kmuj.kmu.edu.pk

E mail: kmuj@kmu.edu.pk

Correspondence address:

DR. AKHTAR SHERIN

Managing Editor
Khyber Medical University Journal (KMUJ)
KMU Institute of Medical Sciences (KIMS), Kohat
DHQ Teaching Hospital, KDA Kohat-26000, Khyber Pakhtunkhwa, Pakistan

Phone: +92-922-9260325 Fax: +92-922-9260365

Indexed & abstracted in: Index Pakistan, WHO IMEMR Current Contents, Index Copernicus Poland, Islamic-World Science Citation (ISC), Directory of Research Journals

Registered with: International Serials Data System of France

Recognized by: Pakistan Medical & Dental Council; Higher Education Commission (HEC) Islamabad (category X)

Covered by: Pakmedinet, Directory of Open Access Journals (DOAJ), Google Scholar

Available on: EBSCO, Factiva, Gale and affiliated international databases through Asianet-Pakistan

CONTENTS

EDITORIAL	
Publication Ethics: Global Issue, Regional Challenges	103
Behrooz Astaneh, Muhammad Irfan, Sarah Masoumi	
ORIGINAL ARTICLE	
Effect Of Breakfast On Body Mass Index (BMI) In Male Children In Northern Border Region	
Saudi Arabia	106
Shehab Ahmed Alenazi, Hafeezullah Wazir Ali, Othman Meshfi Alshammary, Mohammad Sari Alenazi, Farmanullah Wazir	
Evaluation of Antibiotic Susceptibility patterns of Uropathogens Circulating in Hyderabad, Pakistan Shaista Bano, Sarfraz A. Tunio, Ameer Afzal Memon, Hakim Detho, Rozina Bano, Kalpna Kumari	110
Surgical Repair Of Ruptured Sinus Of Valsalva Aneurysm: Experience At Cardiovascular	
Department, Lady Reading Hospital, Peshawar	116
Abdul Malik, Tariq Sohail Babar, Imran Khan Khalil, Murad Ali Shah, Nasreen Laiq	
Association Of Low Physical Activity With High Body Mass Index In Both Genders Rizwan Abid	121
Obesity Related Maternal Complications In Pregnant Women Wajeeha Syed	128
Treatment Outcomes Of Tuberculosis Patients Registered At DOTS Centre Kohat	131
Nafisa Batool Tahir, Qazi Tahir Uddin, Muhammad Sajid, Aziz Marjan Khattak	
MEDICAL ETHICS	
Resolving Ethical Dilemma: An Application of A Theoretical Model	135
Lubna Ghazal, Zulekha Saleem, Gulzar Amlani	
VIEW POINT	
Rehabilitation Medicine: Awareness And Survival In Pakistan	135
Sahibzada Nasir Mansoor, Farooq Azam Rathore	
Instructions For Authors	141
Reviewer's List	151

KHYBER MEDICAL UNIVERSITY JOURNAL

Online submission of articles

visit www.kmuj.kmu.edu.pk

CLICK REGISTER

Fill in registration form to register with this journal. Don't forget to click the

last box {Register as AUTHOR: able to submit items to the journal}

LOG IN with your username and password.

Click on AUTHOR on USER HOME PAGE under the heading of KHYBER MEDICAL UNIVERSITY JOURNAL

Click NEW SUBMISSION and follow the 5 steps of manuscript submission as per online instructions.

- I. Start
- 2. Upload Submission
 - 3. Enter Metadata
- 4. Upload Supplementary Files
 - 5. Confirmation

www.kmuj.kmu.edu.pk > REGISTER> LOG IN > HOME > USER > AUTHOR > SUBMISSIONS > NEW SUBMISSION (FOLLOW-5 STEPS)>START>UPLOAD SUBMISSION>ENTER METADATA> UPLOAD SUPPLEMENTARY FILES> CONFIRMATION